

merrittathletics.com



## Merritt Academy

# Quick Reference Student-Athlete & Parent Handbook

In addition to the guidelines listed in the Merritt Academy Student Handbook, the following are requirements and expectations for those students who wish to participate in the Merritt Academy Athletics Program.

**Purpose:** The Merritt Academy Athletics Program will provide a variety of experiences to aid our students in the development of positive habits and attitudes that will prepare them for a successful and joyful adult life.

Merritt Academy is a voluntary member of the ISAC and NCTL and follows all of the MHSAA guidelines.

For every school year, all student-athletes must submit a completed and signed **Physical Examination Clearance, MHSAA Information & Consent, Alternate Transportation Consent, Concussion Protocol, and Athletic Participation Fee Submission Form**. All forms are available in the Main Office or on MerrittAthletics.com.

All student-athletes must also pay the required **Athletic Participation Fee** for their sport(s). These forms and fee can be turned in to your student's Head Coach or the Main Office and are due by the sport's first practice date. Please pay total due with cash or check made out to "Merritt Academy." Student-athletes cannot participate in practice or games until these forms and fee are submitted.

The mandatory **Athletic Participation Fee** allows the Academy to maintain the scope of athletic programs we provide, allowing students to have a variety of opportunities for involvement in activities beyond academics.

| <b>Sport</b>                   | <b>2021-22<br/>Start Date</b> | <b>Athletic<br/>Participation Fee</b> |
|--------------------------------|-------------------------------|---------------------------------------|
| Varsity Football               | August 9 <sup>th</sup>        | \$100                                 |
| Varsity Girls Volleyball       | August 9 <sup>th</sup>        | \$100                                 |
| Varsity Cheer                  | August 9 <sup>th</sup>        | \$50                                  |
| Varsity Equestrian             | TBA                           | TBA                                   |
| MS Football                    | August 23 <sup>rd</sup>       | \$75                                  |
| MS Cheer                       | September 8 <sup>th</sup>     | \$30                                  |
| MS Co-ed Soccer                | September 8 <sup>th</sup>     | \$50                                  |
| 7/8 Girls Volleyball           | September 8 <sup>th</sup>     | \$50                                  |
| 5/6 Girls Volleyball           | August 24 <sup>th</sup>       | \$35                                  |
| Varsity Girls Basketball       | November 8 <sup>th</sup>      | \$100                                 |
| Varsity Boys Basketball        | November 15 <sup>th</sup>     | \$100                                 |
| Junior Varsity Boys Basketball | November 15 <sup>th</sup>     | \$75                                  |
| Girls 7/8 Basketball           | November 8 <sup>th</sup>      | \$50                                  |
| Girls 5/6 Basketball           | November 8 <sup>th</sup>      | \$35                                  |
| Boys 7/8 Basketball            | November 15 <sup>th</sup>     | \$50                                  |
| Boys 5/6 Basketball            | November 15 <sup>th</sup>     | \$35                                  |
| Boys Varsity Bowling           | November 15 <sup>th</sup>     | \$75                                  |
| Girls Varsity Soccer           | March 14 <sup>th</sup>        | \$100                                 |
| Boys Varsity Baseball          | March 14 <sup>th</sup>        | \$100                                 |

The Athletic Participation Fee is nonrefundable and does not guarantee playing time. We do offer a 50% discount for a second sport in the same season (Fall, Winter, or Spring). So, if you have one student that wants to play two same-season sports, like Volleyball and Cheer, they can get the discount. Or if you have two students who both want to play one same-season sport, like Volleyball and Football, they can get the discount. If interested, please make a note on the fee form for your students that you're requesting this discount.

We need **Parent Volunteers** to help with concessions, admissions, sidelines, scoreboard, etc. for upcoming home games. Please sign up TODAY at

[signupgenius.com/go/merrittfootball](https://signupgenius.com/go/merrittfootball)  
[signupgenius.com/go/merrittvolleyball](https://signupgenius.com/go/merrittvolleyball)  
[signupgenius.com/go/merrittmsfootball](https://signupgenius.com/go/merrittmsfootball)  
[signupgenius.com/go/merrittmssoccer](https://signupgenius.com/go/merrittmssoccer)  
[signupgenius.com/go/merrittmsvolleyball](https://signupgenius.com/go/merrittmsvolleyball)  
[signupgenius.com/go/merrittbasketball](https://signupgenius.com/go/merrittbasketball)  
[signupgenius.com/go/merrittmsbasketball](https://signupgenius.com/go/merrittmsbasketball)  
[signupgenius.com/go/merrittbaseball](https://signupgenius.com/go/merrittbaseball)  
[signupgenius.com/go/merrittsoccer](https://signupgenius.com/go/merrittsoccer)

Volunteers can **earn \$10 credit** towards their students' Athletic Participation Fee. If you are planning on using your game day volunteering for credit towards your student's Athletic Participation Fee, please email the Athletic Director and include both your and your student's full name and the sport being played this season.

To maintain relatively low Athletic Participation Fees, we **need parents to volunteer driving** our student-athletes to away games. Interested parents must have an updated Alternate Transportation Consent Form on file. Please contact your sport’s Head Coach to schedule support.

For **information about upcoming practice or game schedules**, please go to [merrittathletics.com/calendars](http://merrittathletics.com/calendars). All practices are to be held on school days if at all possible. Saturday games and practices are to be minimal in number and duration. Holiday practices are strongly discouraged, especially by non-varsity level teams.

We are also using the **Remind App for all updates** this year, but you’ll need to rejoin. To join, text “@hh8ceb” to (718) 395-2871. That signs you up to receive Merritt Athletic updates.

**If you ever have a sports-related issue**, please contact your student’s Head Coach first. If the issue can’t be resolved at that level, then contact the Athletic Director (586-749-6000). When making contacting, please be respectful and remember that we all have families (e.g., call at appropriate times) and are here to support our student-athletes. Issues not appropriate to discuss with Coaches include playing time, team strategy, play calling, and other student-athletes.

# Merritt Academy

## Student-Athlete Eligibility Checklist 2021-22

*“Sports Participation is a Privilege, Not a Right”*

| Eligibility Checklist (Start of Season) *                                                                              |                                                                                                                                                                   | Yes                           | No                  |
|------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|---------------------|
| <b>Is the student eligible to participate in school-sponsored athletics according to Merritt Academy requirements?</b> | 1. Did the student take full class load (7) in the previous semester at Merritt Academy?                                                                          | Continue to check eligibility | Not Eligible        |
|                                                                                                                        | 2. Did the student pass all classes in the previous semester?                                                                                                     | Continue to check eligibility | Go to 2a.           |
|                                                                                                                        | 2a. If not, did student <i>complete</i> credit recovery for any classes failed in the previous semester (i.e., grade currently on transcript is a passing grade)? | Continue to check eligibility | Not Eligible        |
|                                                                                                                        | 3. Did the student achieve a GPA of 2.0 in the previous semester (on current transcript)?                                                                         | Continue to check eligibility | Not Eligible        |
|                                                                                                                        | 4. Is the student taking a full class load (7 classes) in the current semester at Merritt Academy?                                                                | <b>Eligible</b>               | <b>Not Eligible</b> |

\* At the end of each semester, interested students will be notified by the Athletic Director if they are in danger of being academically ineligible to participate in school-sponsored athletics during the upcoming season. There may be COVID-19 related exceptions to Start of Season eligibility requirements for 2021-22.

| <b>Eligibility Checklist (During Season) *</b>                                                                                      |                                                                                             | <b>Yes</b>      | <b>No</b>           |
|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|-----------------|---------------------|
| <b>Is the student <u>still</u> eligible to participate in school-sponsored athletics according to Merritt Academy requirements?</b> | Is the student currently passing all 7 classes at Merritt Academy with a 2.0 GPA or better? | <b>Eligible</b> | <b>Not Eligible</b> |

\*As determined by Biweekly Checkpoint of Achievement. All students participating in school-sponsored athletics at Merritt Academy will have their current grades confirmed every other Tuesday during their season of competition by the Athletic Director (including prior to first game), who will then notify the appropriate coaches and school personnel of any ineligible students. Students must continue to pass all classes with a 2.0 GPA or better throughout the season in order to maintain their eligibility to participate (in practices and games). Students deemed ineligible during the season may regain their eligibility by passing all (7) classes with a 2.0 GPA or better by a subsequent Weekly Checkpoint. Any student deemed ineligible can't practice or play for at least one full week after being identified as ineligible. **Student disciplinary infractions may also violate eligibility, including but not limited to those warranting an out-of-school suspension.** Teacher feedback will be considered for IEP and Middle School students to determine eligibility.

All Student-Athletes are **responsible for the proper care and security of school-issued uniforms and equipment.** Any uniform or equipment not returned in good condition at the end of the season will be subject to an appropriate financial penalty. In some cases, Student-Athletes will be required to purchase certain equipment or uniform items, which will become their property.

A **concussion** is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a fall, bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. A concussion can be caused by a shaking, spinning or a sudden stopping and starting of the head. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious. A concussion can happen even if you haven't been knocked out. You can't see a concussion. Signs and symptoms of concussions can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If the student-athlete reports any symptoms of a concussion, or if you notice symptoms yourself, seek medical attention right away. A student-athlete who may have had a concussion should not return to play on the day of the injury and until a health care professional says they are okay to return to play. They must also submit a doctor-approved MHSAA Return to Activity & Post-Concussion Consent Form (available from Athletic Director or MHSAA.com).

Merritt Academy Student-Athletes **can wear their jersey or dress clothes on game days.**

Home Games

- You may wear your jersey to school.

- You must follow Merritt Dress Code in all other respects except for games on Fridays. \*

#### Away Games

- Student-athletes must wear dress clothes to away games.
- Boys must wear dress pants; dress shoes; dress shirt and tie or nice polo shirt.
- Girls must wear dress pants, skirts, or a dress (skirts and dresses MUST be fingertip length) and dress shoes. Students may not wear yoga pants or any type of spandex pant. Tights and leggings may be worn under dresses or skirts ONLY.

Student-athletes must otherwise follow Merritt Dress Code in all respects regardless of the day of the week.

**\* IF A GAME IS ON A FRIDAY, STUDENTS ARE NOT REQUIRED TO PAY FOR DRESS DOWN PROVIDED THEY ARE WEARING WHAT THE TEAM WAS ASSIGNED TO WEAR.**

All parents of current student-athletes are invited to join our new **Merritt Academy Athletic Parent Organization (MAAPO)**. We will meet every other month beginning in mid-September. The purpose of the Organization is for parents to have an active voice and role in continuously improving the opportunities available to Merritt Academy student-athletes through proactive dialogue, program assessment, creative fundraising, proper planning, and goal achievement.

Student-athletes will also have a more active role in the continuous improvement process with Merritt Athletics via our **Student-Athlete Voice Monthly Meetings**. During these meetings, student-athletes will mimic many of the functions of MAAPO, but from the student perspective.

**Student-athletes must always abide by Merritt Academy's and the MHSAA's current COVID mandates** or possibly forfeit their ability to participate in practice and games, including both not limited to wearing a face mask when required.

Currently (as of 8/16/2021), all student-athletes must wear a face mask while traveling to away games on school-sponsored bus transportation.

Student-athletes must also physically distance whenever possible and if feeling sick, especially with a fever and cough, not participate in practice or game until the symptoms are completely gone. COVID testing is also strongly recommended. If a student-athlete ever receives a positive COVID test, they must notify the Academy immediately and follow the Academy's quarantine guidelines.

For questions or additional information, please contact Joe Gibson, Merritt Academy Athletic Director, by email [jjgibson@merritt-academy.org](mailto:jjgibson@merritt-academy.org) or phone (586) 749-6000.